Mini – 3 Hour Agility Work Shops Saturday May 26<sup>th</sup> & Sunday May 27 4RK9's – 910 2<sup>nd</sup> Ave SW Cedar Rapids, IA 52404 Presented by Tammy Etscheidt Smooth Sailin' Agility

Limited to 12 Working Spots per Session for Tammy's Sessions
Auditing Spots for Tammy's Sessions – Unlimited
Cheryl's Nutrition – Healthy Kibble & Raw Diets - \$20 – Unlimited Registrations

## Cost:

All Three Working Sessions with Tammy and Cheryl's presentation - \$100
Tammy's Sessions Working Spots - \$30 each Session
Tammy's Sessions Auditing Spots - \$15 each Session
Cheryl's Nutrition - Healthy Kibble & Raw Diets - \$20

Contact: Johnnette Ulch - johnnetteulch@netins.net Lunch will be available on site both days.

## Saturday 5/26/12 -

<u>Jumping Basics</u> - (9:00 - 12:00) - Set Points, Grids, One jump exercises. Our focus will be on good jumping mechanics.

<u>Nutrition Seminar</u> (1:00 – 4:00) – Presented by Cheryl Morris – Focus on feeding your dog a healthy diet. Will talk about both kibble and raw diets, as you can feed either and 'Do It Well'! See separate flyer for additional information.

## Sunday 5/27/12 -

<u>Lateral Distance</u> (9:00 – 12:00) – Work will focus on lateral lines. When to support a line, and when support isn't needed. We will also focus on Gambler type challenges.

<u>Handling</u> - (1:00 – 4:00) Focus will be on how to handle - Serpentines, Threadles, Front Crosses, Rear Crosses, And Blind Crosses.

Please return your registration with payment no later than May 15, 2012. Make checks payable to 4RK9's and send to: Johnnette Ulch, 1294 78<sup>th</sup> Street Trail, Belle Plaine, IA 52208. E-mail johnnetteulch@netins.net with any questions.

Name:						
E-mail	Phone:					
Dog's Name:						
Breed:	Age		Sex_	male	female	Altered Y / N
My dog competes (or plans to) in		obedience	<b>.</b>	_ agility	other:	